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Setting the Standard in Residential Mental Health Treatment and Well-Being

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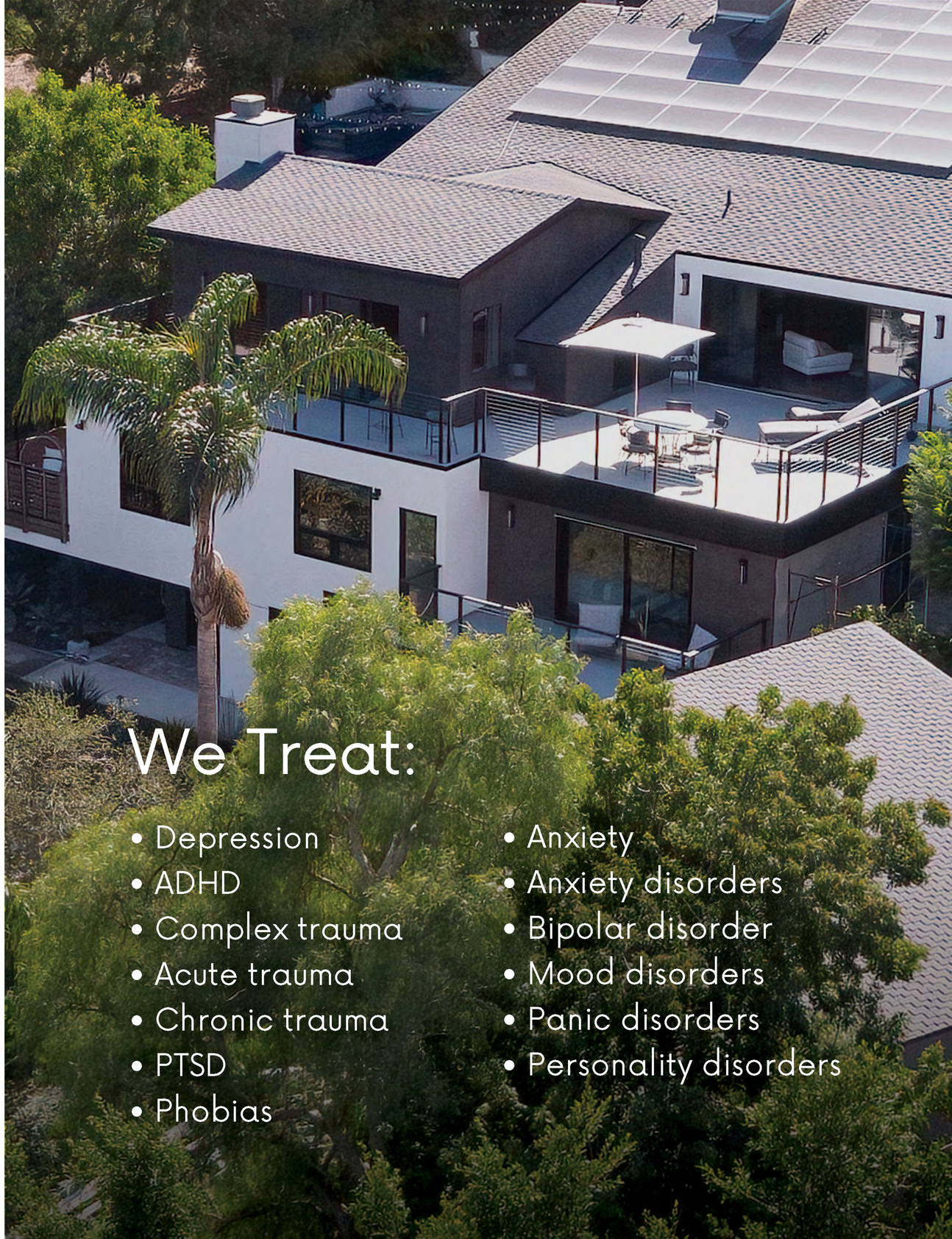
Welcome to Amend Treatment

At Amend, we focus exclusively on mental health, offering a sanctuary where you can step away from life's pressures and concentrate on your wellbeing. Our residential program is designed to meet your unique needs, providing the space and expert care you need to reclaim your life and find lasting peace.

You can expect a team of clinicians and support staff surrounding you, working collaboratively to identify the root causes of your condition. We accomplish this through intensive psychotherapy, a battery of psychological testing, and rigorous work. We aim to replace negative coping mechanisms with positive ones. We utilize results-focused, multidisciplinary treatment methods and modalities.

Call Amend Treatment now to start your journey. (866) 256-1812



We Treat:

- Depression
- ADHD
- Complex trauma
- Acute trauma
- Chronic trauma
- PTSD
- Phobias
- Anxiety
- Anxiety disorders
- Bipolar disorder
- Mood disorders
- Panic disorders
- Personality disorders

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What You Can Expect

Our Treatment Model

An Intensive Treatment Protocol

- Up to 5 individual therapy sessions per week with a licensed therapist
- Weekly in-person psychiatry appointments
- Process/psycho-educational/experiential groups
- 2 on-staff psychiatrists
- 1 family session per week
- Daily treatment modalities provided by the most skilled practitioners

Your Multidisciplinary Team Includes:

- Psychiatrist
- Psychologist
- Licensed therapist
- Nurse
- Support staff

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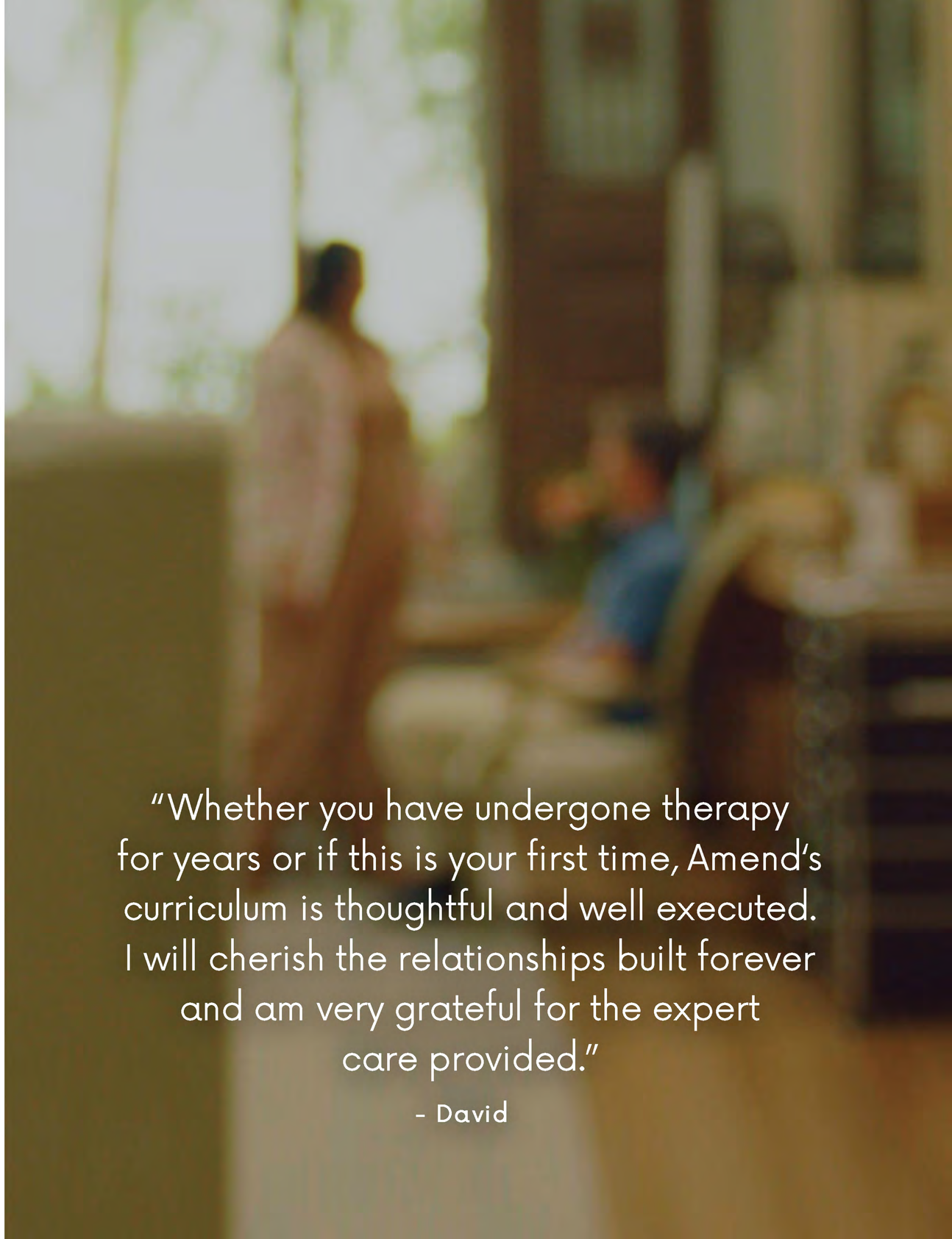

"Whether you have undergone therapy for years or if this is your first time, Amend's curriculum is thoughtful and well executed. I will cherish the relationships built forever and am very grateful for the expert care provided."

- David

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Therapies and Modalities

At Amend, our licensed and dedicated staff of mental health professionals craft personalized treatment plans that blend evidence-based and alternative therapies tailored to your unique strengths and needs. Our goal is to work with you to move beyond addressing symptoms to addressing underlying causes. We provide tools that foster resilience and positive, lasting changes.

- ACT (acceptance and committment therapy)
- CBT (cognitive behavioral therapy)
- DBT (dialectical behavior therapy)
- Deep TMS* (transcranial magnetic stimulation)
- EMDR (eye movement desensitation and reprocessing)
- ERP (exposure and response prevention)
- Experiential therapy
- Ketamine therapy*
- Ketamine assisted psychotherapy with certified clinicians
- Psychodynamic therapy
- REBT (rational emotive behavior therapy)
- SFT (solution focused therapy)

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*Note - these services are supplemental offerings to the program

"My case was complex and the clinical team supported me with exceptional skill, ease and deep care. I am forever grateful to the clinicians. I am leaving feeling much better than when I arrived, I leave with a heart of gratitude."

- Kathleen

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Co-Occurring Disorder Treatment

Our Integrated Approach

We believe in your capacity to overcome co-occurring conditions and achieve comprehensive wellness. We recognize that these conditions often intertwine, creating complex challenges that require nuanced care. Treating both mental health and any other co-occurring disorders together is essential for long-term recovery.

At Amend, "co-occurring" encompasses a wide range of challenges, including:

- Behavioral concerns
(e.g. excessive gaming, self-harm, gambling, compulsive sexual behavior, etc.)
- Chronic pain
- Eating disorders
- Substance use disorders

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To help your journey to integrated health and recovery, we offer:

- Comprehensive assessments: we evaluate all aspects of your health to ensure nothing is overlooked
- Holistic treatment: our multidisciplinary team addresses mental, physical, and behavioral health simultaneously
- Personalized care plans: tailored treatment that adapts to your unique needs and circumstances
- Collaborative care: we work with your existing healthcare providers for seamless, coordinated treatment
- Medical stability: we prioritize your physical health, ensuring you're medically stable throughout treatment

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The Highest Standard in Residential Treatment

Portshead House - Malibu

Wildlife House - Malibu

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"Absolutely stunning properties in a prime yet private location. The treatment environment matters and I was highly impressed. This is a great example of premium treatment."

- Marlon

Two world-class facilities unmatched by any other residential treatment program in natural beauty, comfort, and privacy

Portshead House

Portshead is a resplendent home tucked away and secluded while offering spectacular views of the Santa Monica Mountains and the Pacific Ocean.

Where you will be greeted with the relaxing sounds of flowing water and chirping birds as you are surrounded by a well-loved garden and the abundance of life it hosts.

Wildlife House

We invite you to explore the grounds and amenities of our Wildlife house in Malibu, California.

Contemporary and stylish, serene and welcoming, our residential treatment home offers abundant indoor and outdoor space, privacy, and niches to reconnect with one's self and work toward recovery.

What Sets Us Apart

Amend brings deep expertise and scientific rigor to provide an authoritative new clinical standard of care in residential mental health treatment — in a serene, comfortable environment.

- Exclusive focus on mental health and well-being
- Relentless pursuit of the underlying root cause, not just the symptoms
- Rigorous work to replace negative coping mechanisms with positive ones
- Results-focused treatment methods
- Purposeful multidisciplinary therapies with a range of modalities
- A Sanctuary for our Clients - A distraction-free setting

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"The staff was incredibly helpful and informative when preparing me for my stay and I felt a lot of peace about my decision because of that. Every external employee (art/music therapist, yoga instructor, personal trainer, etc.) was kind, gentle, and extremely talented at helping others."

- Kaitlin

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We are here for you

Don't hesitate to reach out to begin your journey
or ask any questions

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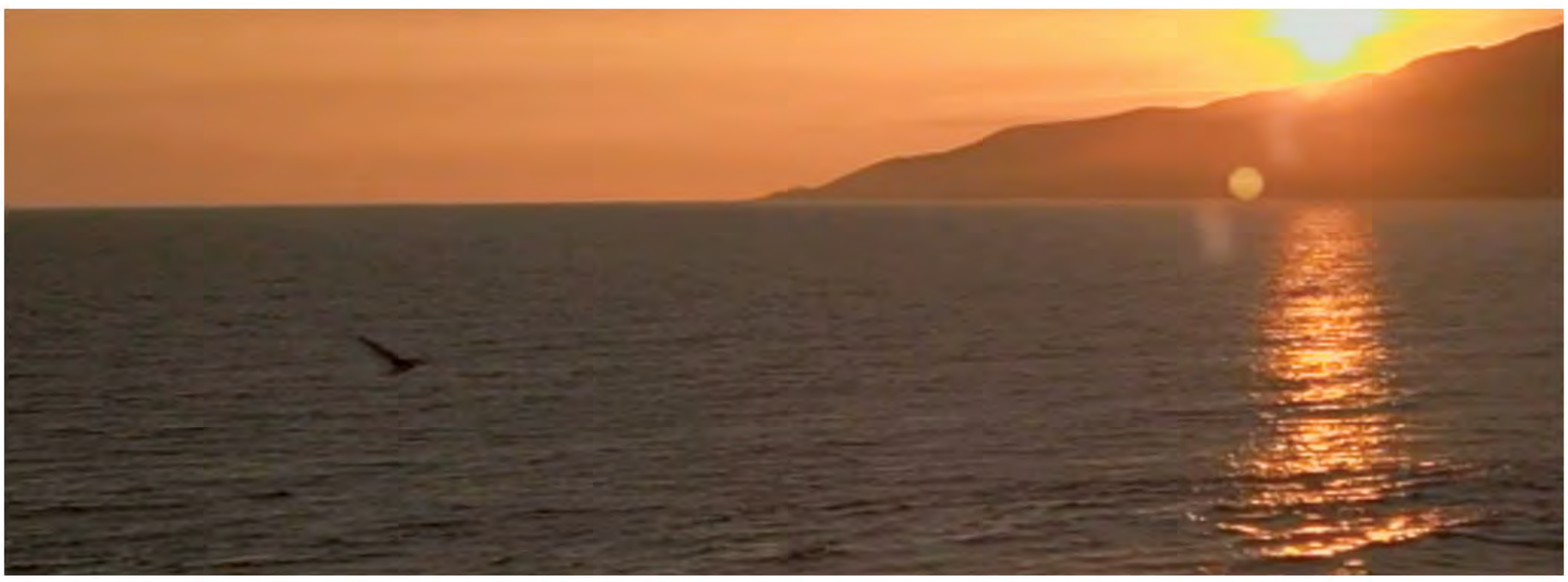

While many Amend clients rely on insurance coverage, insurance may only partially cover your stay at Amend. Our team is available to discuss private-pay and insurance-assisted options with you. Please note that Amend does not accept Medicare, Medicaid, Kaiser, HMO, or EPO plans. We only accept plans with out of network benefits (PPO).